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| **THERESA MARIE LONG, M.D.**  **MAJ, MEDICAL CORPS, U.S. Army**  Mobile Phone: 512-554-xxxx [theresa.m.long.mil@mail.mil](mailto:theresa.m.long.mil@mail.mil) | | |
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| **Medical Education**  United States Army School of Aviation Medicine  Aerospace/Occupational Medicine Residency  University of West Florida  Graduate Student -MPH  06/2019-present  Carl R. Darnall Army Medical Center, Fort Hood, Texas  Family Medicine Internship  06/2008-11/2010  Unrestricted Medical License, IN  09/2003 - 06/2008 | | |
| University of Texas Medical School at Houston, Houston, Texas | | |
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| 06/2008 M.D. | | |
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| 08/2001 - 08/2004  Undergraduate - University of Texas at Austin, Austin, TX | | |
| 05/2004 B.S. Neurobiology | | |
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| **Research Experience** | | |
| **08/2002 - 05/2003** | | |
| University of Texas at Austin, Texas Research Assistant, Dr. Dee Silverthorn Performed academic research in effort to update medical facts and the latest research information for the publication of the fourth edition of Human Physiology | | |
| **09/2000 - 11/2000** | | |
| Neuropharmacology Research, Texas Lab Tech, Dr. Silverthorn Acquisition of rat cerebellums for research in gene sequencing. The focus of the project was to determine the DNA sequence of the receptor in the developing fetal brain that binds to ethanol and induces apoptosis leading to fetal alcohol syndrome. |  |  |
| **Publications/Presentations/Poster Sessions** |  |  |
| **Presentations/Posters** Long, Theresa M., Sorensen, Christian, Victoria Zumberge. (2003, May). Sodium dependent transport of Chlorophenol red uptake by Malpighian tubules of acheta domesticus. Poster presented at: University of Texas at Houston; Austin, TX. | | |
| **Volunteer Experience** | | |
| 08/ 2005 - 09/2005 |  |  |
| University of Texas - Houston, Health Science Ctr, Texas  Medical Student -Provided medical aid and support for Acute Care and triage of Hurricane Katrina evacuees. |  |  |
| **Work Experience**  05/2015-Present  **Department of Rehabilitation Services**  **General Medical Officer**  Assigned to Carl R. Darnall Army Medical Center Physical Medicine clinic with special duties Function as General Medical Officer, to mitigate the number of high risk patients get referred off-post to Pain management and PM&R clinics. Functioned as the Performance Improvement officer for PM&R, the Chiropractic Clinic OIC, and the MEB/IDES Subject Matter Expert to IPMC multi-disciplinary team. Significantly increased access to care to the Physical Medicine clinic. Was instrumental in leading the hospital transition for the Chiropractic clinic, contributing to the subsequent successful Joint Commission inspection. Increased access to care in the Chiropractic clinic by 500%.  9/2013- 5/2015  **Department of Pediatrics/ Department of Deployment & Operational Medicine**  **General Medical Officer**  Assigned to the Carl R. Darnall Army Medical center Pediatric Clinic with special duties within the Department of Deployment & Operational Medicine. Provided acute and routine medical care for newborn to age 18 and collaborated with Lactation Team Leader to develop research matrix to ensure effective use of resources to meet Perinatal Core Measures PC-05 for Joint Commission Accreditation. Demonstrated initiative by providing emergency medical care to one of the victims of the April 2, 2014 FT Hood shooting.  10/2012-9/2013  **Department of Deployment Medicine/ Emergency Medicine**  **General Medical Officer**  Assigned to the Department of Deployment & Operational Medicine at Carl R Darnall Army Medical Center (CRDAMC) with specific duties directed by the CRDAMC DCCS. Supported soldier deployment/redeployment from combat, while also performing clinical rotations within the Emergency and Internal Medicine Departments to increase access to care for acutely ill patients. Improved productivity of the SMRC by conducting ETS, Chapter, Special Forces, Airborne, Ranger, SERE, and OCS/WOCS physicals. Ensured DODM success with 90% CRDAMC staff compliance of their annual PHA's. Selected to become an ACLS instructor.  06/2012-10/01/2012  **Department of the Army Inspector General Agency**  **Disability Medicine Subject Matter Expert (SME) - Temporary Dept of the Army Inspector General**  Assistant Inspector General on Medical Disability (Subject Matter Expert)  Selected above my peers, from across the Army AMEDD as one of three medical NARSUM Subject Matter Experts to function as a temporary assistant Inspector General, in a SECARMY directed inspection of the MEB/IDES system. Planed, coordinated, and conducted inspections of agencies/commands and to gather required data and perspectives relevant to the inspection topic. Developed inspection concepts, objectives, methodologies while coordinating inspection site requirements with major Army Commands ASCC, DRUs, Installations and Components. Identified trends, analyzed root causes to systemic problems and proposed solutions to the IG, Army Chief of Staff and Secretary of the Army for service-wide implementation.  06/2011-06/2012  **Carl R. Darnall Army Medical Center**  **Integrated Disability Evaluation System**  Increased patient access to care by conducting 203 acute care appointments in four months. Increased productivity by 25% by completing 202 NARSUMs, 12 TDRLs, 42 Psychiatric addendums in nine months with only a single case returned from the PEB. Performed duties of MEB chief and QA physician in their absence by performing QA on seven NARSUMS, and reviewing 13 cases for initial intake. Functioned as IDES Physician Training officer, applying PDA training to develop a comprehensive training program for new MEB/IDES NARSUM physicians.  11/2010-05/2011  **Carl R. Darnall Army Medical Center, Hospital Operations, Clinical Plans and Medical Operations Officer**  Served as Clinical Plans and Medical Operations Officer for Hospital Operation (HOD), responsible for the synchronization of external and internal MEDCEN operations supporting over 3,000 MEDCEN employee as well as the DoD’s largest military installation and surrounding civilian population; assisted in development and execution of medical plans supporting Installation, Garrison, MEDCEN and Civilian AT/FP and MASCAL events | | |
| 06/2005 - 07/2005 | | |
| **United States Army, Texas, Officer Basic Course - Class 1st Sergeant**  Supervised 306 medical, dental, and veterinarian HPSP scholarship recipients for Officer Basic training. | | |
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| 10/2002 - 08/2003 | | |
| **United States Army** - **Texas National Guard, Texas** **Flight Medic -**EMT/BCLS Instructor Training | | |
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| 10/2001 - 10/2002 | | |
| **United States Army Reserve,** **Texas, Instructor/Trainer**  Instructor/ Trainer of the Total Army Instructor Trainer Course and Instructor Candidate for NCO leadership development courses. | | |
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| 05/1998 - 08/1998 | | |
| **Gotee Construction, Louisiana**, **Labor Foreman**  Oversaw the operations, scheduling, planning and coordination of 57 workers on a $6.2 million project for the Xavier University | | |
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| 05/1996 - 11/1996 | | |
| **Life Link III, Minnesota** **Flight Medic/EMT**  Worked with ground ambulance helicopter and fixed wing. EMT - B.R.A.T.Tech. Completed Trauma Tactics Course. | | |
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| 04/1996 - 06/1997 | | |
| **Department of Children, Families and Learning, Minnesota  Special Education Budget and Reporting Specialist** Worked on a four-person team tracking, managing and reporting Minnesota's 3 billion dollar budget for special education.  Developed and implemented software program to enable more efficient and effective communication between Department of Children and families. | | |
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| 12/1995 - 03/1996 | | |
| **Madigan Army Medical Center, Washington, Trauma Team Leader** EMT/in-patient, outpatient health care provided Technologist, EMSC, Medical Assistant, Certified EMT, Nurse Assistant, Ambulance Driver. Responsible for the ER medical care of critically injured civilian and military personnel. | | |
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| 01/1993 - 12/1995 | | |
| **United States Army, Europe, Ground Evacuation Combat Medic/ Squad leader**  421st Medical Evacuation Bn. Wiesbaden Air Base, Germany. Instructor/Trainer Combat Lifesavers Course, Recipient/Instructor/Trainer EFMB course, Nuclear Chemical and Biological Warfare subject Matter Expert course. Medical Supply NCOIC. | | |
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| 08/1992 - 10/1992 | | |
| **United States Army, Fort Sam Houston, Texas, Completed Medical Specialist/Combat Medic Course**  Academy of Health Sciences, Fort Sam Houston, Texas.  NEMT Certification. | | |
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